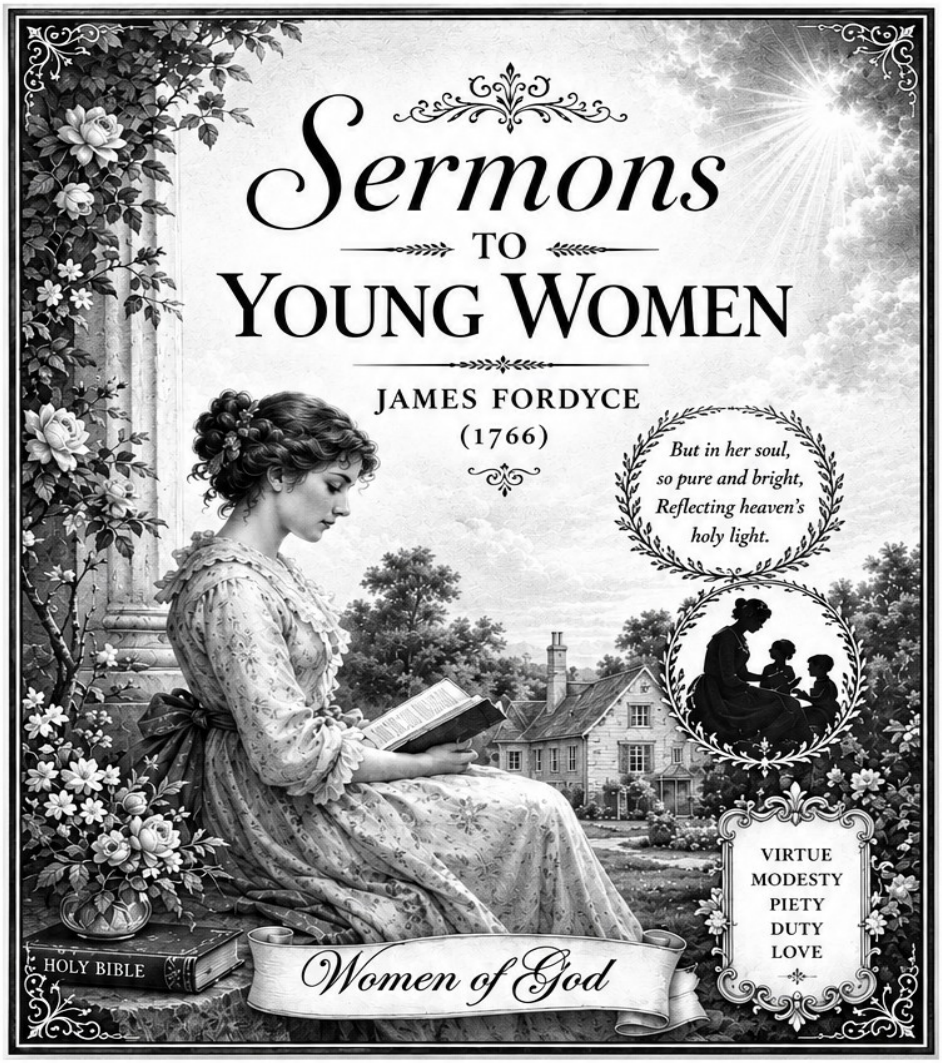


Christian/Messianic Bible Study - Workbook

BY SHARON ANNE ULLOA

This Workbook Belongs To:

Companion Workbook to the Sharon's Messianic Journey
YouTube Video Series *"Sermons to Young Women"*
Designed for personal study, reflection, application, and group discussion
Complete Series Link: https://youtu.be/Ve7xW9oBb5A
Workbook Latest Edition – 9/25/26

Segment 1 – A Heart Made Clean

"Oh, Christian maidens, keep your hearts pure"

Questions for Reflection

1. What does it mean to you personally to faithfully follow Yeshua?

2. Do you believe there is any benefit to identify ourselves as either Christian or Messianic? Why or why not?

3. How can we seek truth and examine what we believe while still treating those who see things differently without hostility?

4. Is there a difference between knowing what you believe and knowing ***why*** you believe it? Why does that distinction matter?

5. When Yeshua taught that we should receive the Kingdom "as a little child", what qualities do you think He was encouraging?

6. What kinds of influences can gradually affect our spiritual lives without us noticing at first, and how can we guard our hearts without becoming fearful, isolated, exclusionary, or closed-minded?

7. Read Psalm 51:10: "Create in me a clean heart, O God, and renew a steadfast spirit within me." What stands out to you about David asking God to create and renew rather than simply promising to fix himself?

8. If you could ask Yeshua to help you grow in one area during this study, what would it be?

Prayer & Application

Additional Notes or Thoughts

Segment 2 – Hearing and Obeying the Truth

"Attend my counsel – I'm blunt but sincere"

Questions for Reflection

1. The word Shema carries the idea of hearing with the intention to obey. How is this different from simply listening to God's Word?

2. What is the difference between knowing what God's Word says and actually living according to what it says? Are there areas of your life where you find it easier to hear God's Word than to act on it?

3. John 6 tells us that some people stopped following Yeshua because His teaching was difficult. What does this teach us about the cost of discipleship, and how should we respond when Scripture challenges something we previously believed?

4. What can prevent us from truly hearing and obeying God's Word?

5. What is the difference between godly correction and telling someone what we think they should do?

6. Which is harder for you: giving correction or receiving correction? Why? How can we distinguish between rejecting a message because it is wrong and rejecting it simply because we don't like hearing it?

7. Hebrews teaches that God's discipline can be painful but ultimately produces good fruit. How does understanding God's correction as an expression of His love change the way we respond when His Word exposes something in our lives that needs to change?

8. If Yeshua is not merely giving us advice but calling us to follow Him as Lord, is there an area of your life where you may be asking for His counsel when He is actually asking for your obedience?

Prayer & Application

Additional Notes or Thoughts

Segment 3 – The Flame of Virtue

"Let virtue be your guiding flame"

Questions for Reflection

1. The study defines virtue as "behavior showing high moral standards." How would you describe virtue in your own words, and what is its relationship to integrity?

2. C.S. Lewis described integrity as doing the right thing when no one is watching. If God sees what no one else sees, how should that affect the choices we make when we are alone?

3. Psalm 119:105 compares God's Word to "a lamp for my feet and a light for my path." What does this picture teach us about how God guides us?

4. What spiritual practices help keep your "flame" burning, and what are some subtle things that can cause that flame to become dim over time?

5. Yeshua said, "You are the light of the world." What does it look like for our behavior to demonstrate what we believe without becoming self-righteous or judgmental toward others?

6. How can our thoughts eventually influence our words, attitudes, choices, and actions? What does it mean to "renew our minds" according to God's truth in practical terms?

7. Read Philippians 4:8. Which of the qualities Paul lists—true, noble, just, pure, lovely, of good report, virtuous, or praiseworthy—stands out to you most? Why? What are some practical ways you can become more intentional about allowing these things to occupy your mind without ignoring genuine problems or pain?

8. If someone could see both our public actions and our private thoughts for one ordinary week, would they see the same person? What would you want Yeshua to change in you so that the two become more consistent?

Prayer Prompt: *Lord, what part of my flame needs tending?*

Additional Notes or Thoughts

Segment 4 – Modesty: More Than What We Wear

"And modesty defend your good name"

Questions for Reflection

1. What does modesty mean to you personally?

2. Can someone dress modestly but still behave in an immodest way? Conversely, can someone have a humble and modest character even when her clothing choices differ from another person's standards? What does this teach us about the connection between outward appearance and inward character?

3. The song says, "And modesty defend your good name." Proverbs 22:1 says that a good name is to be chosen rather than great riches. What does that mean to you?

4. Beyond clothing, what might modesty look like in our speech, behavior, social media presence, and the way we talk about our accomplishments?

5. Why is it important to distinguish between biblical principles and our personal applications of those principles? How can we seek God's direction about modesty without turning our personal convictions into a detailed set of rules for everyone else?

6. What is the difference between having a personal conviction and judging someone else by that conviction? How can we encourage one another toward holiness while still treating women whose convictions differ from ours with dignity, grace, and respect?

7. Women are in different physical, emotional, spiritual, and financial circumstances. How should those differences affect the way we approach one another's choices while still encouraging biblical holiness?

8. Instead of asking, "Is she modest enough?" what might change if our question became, "Lord, what does modesty look like in my own life, and how can I honor You through it?" What is one area—humility, moderation, speech, behavior, appearance, or attitude—where you sense God may be asking you to grow?

Prayer Prompt: *How can I show the world Your character through my modest behavior?*

Additional Notes or Thoughts

Segment 5 – Pride: Confidence or Arrogance?

"Forsake the paths of pride and show"

Questions for Reflection

1. What is the difference between healthy satisfaction in our accomplishments and sinful pride? How can we recognize when one begins to become the other?

2. Can we have confidence and healthy self-respect while remaining humble? What are some signs that confidence is becoming self-exaltation?

3. Proverbs 16:18 says, "Pride goes before destruction, and a haughty spirit before a fall." How can pride make it difficult to recognize our need for God, receive correction, admit when we are wrong, or ask for help? What happens when we become more concerned with protecting our image than with pursuing truth?

4. Can success test our faith as much as difficult circumstances can? How can we receive praise or celebrate an accomplishment without allowing recognition to become more important than gratitude

5. What is the difference between saying, "I am valuable because God created me," and "I am valuable because I am better than others"? How can knowing our worth in God protect us from the need to prove ourselves?

6. What are some subtle forms pride can take besides boasting? How can we ask God to reveal pride in our hearts without becoming consumed with self-criticism?

7. When I accomplish something good, where does my heart naturally go first—to gratitude for what God has given me, or to the desire for recognition for myself?

Prayer Prompt:

Lord, help me recognize the gifts You have given me without making those gifts more important than the Giver.

Additional Notes or Thoughts

Segment 6 – Vanity: When Appearance Becomes the Goal

"For vanity brings naught (nothing) but woe (great sorrow or distress)"

❦

Questions for Reflection

1. What is the difference between taking care of our appearance and being overly concerned with how others see us?

2. What are some ways vanity can show up in our lives besides physical appearance (which can include accomplishments, possessions, intelligence, spirituality, parenting, ministry, or social status)?

3. Can we enjoy compliments or recognition without becoming vain? What is the difference?

4. Why do you think we sometimes care more about how we appear to others than about how God sees us?

5. How can the desire for recognition or approval affect the way we treat other people?

6. How can social media encourage vanity or the desire to be admired?

7. Can you think of some examples of people in the Bible who exhibited vanity? Do you think the Pharisee's attitude toward the tax collector was an example of vanity? Why or why not?

8. Where in your life might God be asking you to shift your focus from being admired to using what God has given me to glorify Him by blessing others?

Prayer & Application

Additional Notes or Thoughts

Segment 7 – Grace,: The Beauty Within

"In gentle grace and behavior clean, True beauty ever shall be seen."

❦

Questions for Reflection

1. How should receiving God's grace affect the way we treat other people? How can God's grace received become grace expressed?

2. Why can it be difficult to show grace to someone who has hurt or offended us?

3. What is the difference between being gentle and being weak?

4. Can we disagree with someone while still treating them with grace and kindness? How?

5. Who is easier for you to show grace to: someone you love or someone who has wronged you? Why?

6. What are some ways we can either show grace or withhold grace? Is there someone in your life whom God may be asking you to treat with greater gentleness, patience, or grace?

7. What does "clean behavior" look like in our everyday interactions with others?

8. Peter speaks of "the hidden person of the heart." What does this teach us about what God considers beautiful?

Prayer & Application

Additional Notes or Thoughts

Segment 8 – What is Our Focus?

"Seek not the world's distracting ways..."

Questions for Reflection

1. Why do you think Yeshua compared worldly cares to thorns that can "choke" the Word?

2. What is the difference between having responsibilities in this world and becoming consumed by them?

3. What are some "cares of this world" that can easily distract us from God? Can something that is not inherently sinful still become a spiritual distraction? Give an example.

4. What role can worry play in distracting us from trusting God?

5. What does Paul's comparison to a soldier in 2 Timothy 2:4 teach us about staying focused on our calling?

6. Are there things in your life that aren't necessarily wrong, but may be taking more of your attention than they should?

7. How can we enjoy the good things God has given us without becoming entangled in the things of this world?

8. If someone observed how you spend your time, attention, money, and energy, what would they conclude is most important to you?

9. What does it mean practically to "seek first the kingdom of God and His righteousness"?

Prayer & Application

Additional Notes or Thoughts

Segment 9 – The Blessing of Diligence

"But live out calm, productive days"

Questions for Reflection

1. Why do you think God gave Adam work to do before the Fall?

2. What does the example of the ant teach us about diligence and preparation? Is there an area of your life where God may be encouraging you to become more diligent, organized, or prepared?

3. Why is it sometimes easier to put off something we know needs to be done?

4. What are some consequences that can come from continually procrastinating or avoiding responsibilities?

5. How can planning and preparing today make tomorrow easier?

6. How can our work become a way of serving and blessing other people?

7. 1. What is the difference between healthy rest and idleness? How can understanding this difference help us avoid wasting the time, energy, and abilities God has given us through distraction or procrastination?

8. How can we recognize when we genuinely need rest versus when we are simply avoiding something?

9. What does it mean to do our work "heartily, as to the Lord" (Colossians 3:23)?

Prayer & Application

Additional Notes or Thoughts

Segment 10 – The Hands that Build the Home

"With Sacred Hands, the Home Prepare"

Questions for Reflection

1. What is the difference between simply maintaining a house and intentionally cultivating a home?

2. How can everyday household responsibilities become acts of worship or service to God?

3. The study describes shalom as peace, wholeness, and well-being. What might shalom look like in a home?

4. How does our motivation change when we view a mundane task as something we are doing for God and for the people He has entrusted to us?

5. How can cooking, cleaning, preparing a meal, welcoming someone, or caring for another person communicate love without words?

6. How can the Proverbs 31 woman inspire us without becoming an unrealistic standard that makes us feel inadequate?

7. How can we distinguish between faithful stewardship and putting unrealistic pressure on ourselves to have a perfect home?

8. "If your home were not judged by how beautiful or impressive it looked, but by the love, peace, hospitality, and godliness experienced within it, what would you want people to experience when they walked through your door?" Can you think of why this would please God?

Prayer & Application

Additional Notes or Thoughts

Segment 11 – Humility: Knowing Our True Worth

"And with a humble heart, be fair."

Questions for Reflection

1. Before this study, how would you have defined humility? Has your understanding changed after considering these definitions?

2. What is the difference between humility and thinking poorly of yourself? Why is that distinction important?

3. How does knowing that our worth comes from God—not from the approval or treatment of other people—help us develop a healthier understanding of humility?

4. Yeshua was the King of Glory, yet He willingly humbled Himself through service and sacrifice. What does His example teach us about the relationship between humility and strength?

5. How can we follow Yeshua's example of humility without allowing other people to take advantage of us or treat us poorly?

6. Can someone appear humble on the outside while treating other people poorly? What might that tell us about the difference between outward humility and humility of heart?

7. What are some practical ways that humility can be demonstrated in our homes, marriages, friendships, workplaces, congregations, or communities?

8. What would change in the way you see yourself and treat others if you truly believed that you are deeply loved and valuable to God, while also recognizing that every other person is valuable to Him too?

Prayer & Application

Additional Notes or Thoughts

Segment 12 – Persevering in Love

"As daughters, wives, and mothers dear, In love and duty, persevere"

Questions for Reflection

1. What do you think it means that "God is love" (1 John 4:8)? How should knowing that God is the source of love affect the way we love others?

3. Can we truly love someone while also correcting them, establishing boundaries, or telling them something they don't want to hear? Why?

4. Of all the characteristics of love listed in 1 Corinthians 13:4–8, which one comes most naturally to you? Which one is the greatest challenge?

5. What are some small, ordinary acts of kindness that we might overlook but that can communicate genuine love to our families?

6. What does it mean to "not seek its own"? Are there times when putting someone else's interests first is loving, and times when it would actually be unhealthy?

7. How can we respond lovingly when someone has genuinely wronged us without pretending that what they did was acceptable? What is the difference between giving someone the benefit of the doubt and ignoring a pattern of harmful behavior?

8. What does sacrificial love look like in our different relationships—as daughters, wives, mothers, friends, sisters, or members of our congregations?Can love ever require us to say "no"? Why or why not?

Prayer & Application

Additional Notes or Thoughts

Segment 13 – Woman of Valor: The Song to the Beloved

"For to a woman's spirit belongs the quiet strength of ancient songs"

Questions for Reflection

1. What stood out to you most in the idea that "Eshet Chayil" means "woman of valor" rather than "virtuous woman"? Why?

2. How does it change your perspective to think of Proverbs 31 as a song of honor rather than a checklist of

3. Have you ever felt pressure or discouragement when reading Proverbs 31? What specifically made it feel heavy rather than encouraging?

5. What is the difference between becoming a "woman of valor" out of striving versus becoming one out of being loved?

6. What would it look like in your life to "hear His voice above every voice of condemnation"?

7. What would it look like to serve others from a place of love rather than from pressure or obligation?

8. What would change in your heart, your home, and your relationships if you truly believed you are already a woman of valor in the eyes of your Bridegroom?

Prayer & Application

Additional Notes or Thoughts

Segment 14 – Guiding Hands, Nurturing Hearts

"To guide her house with steady hands, To teach and nurture by wise commands"

Questions for Reflection

1. What stood out to you most about the biblical meaning of ezer ("helper")? How does understanding it as a role of strength and support change the way you view the woman's role within the home?

2. How can a woman bring strength, wisdom, and support to the people in her household without trying to control everything around her?

3. Proverbs 31:26 says, "She opens her mouth with wisdom." What does it look like to bring God's wisdom into our everyday conversations and decisions?

4. What is the difference between speaking truth with wisdom and speaking truth in a way that is harsh, careless, or discouraging?

5. What does it mean for "the law of kindness" to be on your tongue? How might kindness and truth work together in the way you speak to those closest to you?

6. How can we cultivate a home environment where the people around us feel safe to grow, learn, receive correction, heal, and draw closer to God?

7. What is one area of your home or relationships where you could use greater wisdom, kindness, or faithful stewardship?

8. What would it look like for your hands, words, and daily example to become instruments through which God brings hope, healing, and new life into your household

Prayer & Application

Additional Notes or Thoughts

Segment 15 – True Beauty That Does Not Fade

"Your beauty, though the world may praise, is fleeting as the summer days"

Questions for Reflection

1. What messages about beauty did you receive when you were growing up? How have those messages influenced the way you see yourself today?

2. What is the difference between enjoying beauty and feeling that we must be beautiful in order to be valuable?

3. Read 1 Samuel 16:7. What does it mean to you personally that "the Lord looks at the heart"?

4. Read Proverbs 31:30. Why do you think Scripture describes charm as "deceitful" and beauty as "passing"?

5. What does it mean to "fear the Lord"? How does a woman who fears the Lord demonstrate it in her everyday life?

6. How can we care for our appearance without allowing our appearance to become the source of our identity or self-worth?

7. What would change if you truly believed that your worth did not increase when someone considered you beautiful—and did not decrease when someone did not?

8. What kinds of beauty become more valuable as a woman grows older?

9. How can qualities such as wisdom, patience, kindness, faithfulness, courage, and compassion become a woman's beauty?

Prayer & Application

Additional Notes or Thoughts

Segment 16 – The Strength of a Tender Heart

"But inner grace, and tender heart, shall never from the world depart."

Questions for Reflection

1. What do you think it means to have a "tender heart"? How is tenderness different from weakness or emotional sensitivity?

2. What experiences can tempt us to harden our hearts, and how might pain change the way we respond?

3. Read 1 Corinthians 12:26. What does it mean practically to "suffer with" someone who is hurting? How can we show empathy without making assumptions about what someone else is experiencing?

4. What is the difference between understanding why someone hurt us and excusing what they did? Why is discernment an important companion to compassion?

6. Can we forgive someone while still maintaining a healthy boundary with them? What might it look like to love someone without enabling harmful behavior?

7. What is the difference between being tenderhearted and being a "doormat"? Can saying "no" sometimes be an expression of love?

8. What experiences have tempted you to harden your heart, and what would it look like to allow God to make you tender without making you naïve?

9. When you are hurt, what is your natural response—fight, withdraw, become defensive, seek revenge, shut down, or try to understand? What might responding with a tender heart look like instead?

Prayer & Application

Additional Notes or Thoughts

Segment 17 – Adorned From Within

"A woman's charm lies not in face, Nor dress, nor fortune, nor earthly grace"

Questions for Reflection

1. What do you think is the difference between enjoying beautiful clothing, jewelry, makeup, or other forms of adornment and depending upon them for our sense of worth?

2. What do you think Paul and Peter were really trying to teach women through their instructions about outward adornment?

3. Which is easier for you to spend time cultivating: your outward appearance or your inner character? Why?

4. How might patience, kindness, humility, forgiveness, wisdom, and self-control become a form of spiritual adornment?

5. How does comparing ourselves with other women affect the way we see ourselves?

6. How can we enjoy another woman's beauty, success, or possessions without allowing comparison or envy to take root in our own hearts?

7. What qualities tend to become more beautiful as a woman grows older?

8. What kind of "adornment" can a woman carry with her regardless of her age, financial circumstances, health, or physical appearance?

9. What is one quality of Yeshua that you would like to "put on" more consistently in your own life?

Prayer & Application

Additional Notes or Thoughts

Segment 18 – Renewed to Reflect His Light

"But in her soul, so pure and bright, reflecting heaven's holy light."

Questions for Reflection

1. What does the image of the moon reflecting the sun's light teach us about our relationship with God?

2. What is the difference between trying to "produce" our own spiritual goodness and allowing God's character to be reflected through us?

3. What do you think it means practically to "reflect the light of Messiah" in our everyday lives?

4. Read Isaiah 40:31. What does "renewing our strength" look like in real life?

5. The moon goes through different phases, yet it never stops existing. How might this encourage you when your spiritual life seems to go through "dark" or difficult seasons?

6. What might it mean to "turn toward the Son" when you feel like your light has grown dim?

7. How can we avoid judging ourselves—or other women—based upon how much spiritual "light" we seem to be producing during a particular season?

8. What qualities of Messiah might be more difficult for you to reflect when you are tired, stressed, or hurt?

9. What is one ordinary situation in your life right now where you could intentionally reflect God's light through your words or actions?

Prayer & Application

Additional Notes or Thoughts

Segment 19 – Planting Virtue Through Our Words

"In every word, in every act, seed virtue by your womanly tact."

Questions for Reflection

1. What do you think it means to "seed virtue" through our words and actions? What kinds of seeds do our words plant in the lives of others, both intentionally and unintentionally?

2. Read Ephesians 4:29. What do you think makes a word "corrupt" according to Scripture, and what does it mean for our words to "impart grace to the hearers"?

3. Is it possible to speak truth without being harsh? What does truthful, gracious speech look like?

4. Read Colossians 4:6. What do you think it means for our speech to be "seasoned with salt"?

5. Why do you think our tone can sometimes communicate more than our actual words? How can our responses during conflict reflect the character of Messiah?

6. How can the way we speak make others more open—or less open—to hearing about God?

7. Who receives most of your words each day? What kinds of seeds are you planting in those relationships?

8. When you are tired, stressed, or hurt, how does your speech tend to change? What might this reveal about what is happening in your heart?

Prayer & Application

Additional Notes or Thoughts

Segment 20 – Gentle Words, Gracious Heart

"Be kind to all, be slow to speak."

Questions for Reflection

1. Have you ever said something impulsively and immediately wished you could take it back? What might pausing before speaking have changed?

2. Why do you think our words can have such a powerful effect on other people? Can you remember a time when a few carefully chosen words from someone either encouraged you or discouraged you?

3. James 3:8–10 describes the contradiction of using the same tongue to bless God and to wound people made in His image. What does this teach us about the connection between our words and our spiritual maturity?

4. What is the difference between being "slow to speak" and simply remaining silent? When might speaking the truth, offering correction, or standing up for someone be an important expression of love?

5. What does kindness look like beyond simply speaking kind words? What are some ordinary opportunities we have to "do good to all" (Galatians 6:10)?

6. Before speaking, how might asking ourselves, "Is it true? Is it necessary? Can I say it in a way that gives grace? Is this the right time?" help us communicate more wisely?

7. What might help you pause before responding if you are tired, frustrated, angry, or hurt?

Prayer & Application

Additional Notes or Thoughts

Segment 21 – Sowing Mercy by Serving

"Usefulness and mercy, always seek."

Questions for Reflection

1. What does it mean to be a "useful" person? How is biblical usefulness different from simply being busy or productive?

2. What are some ordinary, everyday ways we can be useful to the people around us?

3. Why do you think learning to "notice" the needs of others is an important part of being useful?

4. What can keep us from noticing opportunities to help, encourage, or bless someone else?

5. How can we show mercy toward someone who has disappointed, offended, or inconvenienced us without compromising what is right?

6. Micah 6:8 tells us to "love mercy." What do you think it means not simply to show mercy, but to actually love it?

8. Hosea 10:12 describes our actions as seeds. What kinds of "seeds" of righteousness and mercy can we intentionally sow in our homes, friendships, congregations, and communities?

10. Can you think of a time when someone did something small for you that made a much bigger difference than they probably realized? What does that teach us about the value of seemingly small acts of service?

Prayer & Application

Additional Notes or Thoughts

Segment 22 – Carrying Love on Gentle Wings

"For through your actions, gentle dove, You show the world a heart of love"

Questions for Reflection

1. Why do you think love is sometimes easier to speak about than to demonstrate?

2. What are some small, ordinary ways we can show love to others through our actions?

3. Philippians 4:5 tells us, "Let your gentleness be known to all men." What does it look like for gentleness to become something that others can actually "know" about us?

4. How might gentleness change the way we respond when someone frustrates, disagrees with, or disappoints us?

5. Can we be truthful and firm while still being gentle? What might that look like?

6. 1 John 3:18 tells us not to love "in word or in tongue, but in deed and in truth." What is one way we can turn something we say into an action?

7. Why do you think the Scriptures place such importance on small, faithful acts of service?

8. What opportunities do we have in our homes, congregations, friendships, and communities to make the love of God visible through our actions?

Prayer & Application

Additional Notes or Thoughts

Segment 23 – Shining Through Gentle Strength

"The strength of kindness, soft and true, shines brightest in the things you do"

Questions for Reflection

1. Why do you think kindness is sometimes mistaken for weakness?

2. What is the difference between being kind and simply being "nice"?

3. Can a woman be both gentle and strong? What might that look like in everyday life?

4. How can we remain kind without becoming people-pleasers or allowing others to take advantage of our kindness?

5. Why does it sometimes require more strength to respond with kindness than with anger or harshness?

6. Colossians 3:12–14 connects kindness with humility, meekness, patience, forgiveness, and love. How do these qualities strengthen one another?

7. What does kindness look like when we have been hurt, offended, or treated unfairly?

8. Can you think of a situation in which being kind might require us to be firm rather than simply agreeable?

9. 2 Peter 1:7 places brotherly kindness alongside godliness and love. What does this teach us about the importance of kindness in our spiritual growth?

Prayer & Application

Additional Notes or Thoughts

Segment 24 – From Devotion to Deeds

"To piety your soul should be bound"

Questions for Reflection

1. What does the word "piety" mean to you? How is biblical piety different from simply being a religious person?

2. James 1:27 connects "pure religion" with caring for people in need and keeping ourselves unspotted from the world. Why do you think both of these are important expressions of devotion to God?

3. Why do you think Scripture places such emphasis on caring for the poor, widows, orphans, strangers, and other vulnerable people?

4. What are some ways we can show compassion and generosity that don't involve money?

5. Proverbs 31:20 describes the virtuous woman reaching out her hands to the poor and needy. What does this tell us about the relationship between a godly heart and practical action?

6. Acts 10:2 describes Cornelius as a devout man who feared God, prayed continually, and gave generously. What do these three things together teach us about a life devoted to God?

7. Why do you think generosity requires intentionality? What might it look like to "devise generous things" in our everyday lives?

8. Yeshua taught that it is more blessed to give than to receive. Why do you think giving can be such a blessing to the giver as well as the recipient?

Prayer & Application

Additional Notes or Thoughts

Segment 25 – The Still, Calm Heart

"In prayer and faith, peace will be found"

Questions for Reflection

1. What is the difference between praying about a problem and truly trusting God with it? Why can it be so difficult to surrender something to God after we have prayed about it?

2. Isaiah 26:3 connects perfect peace with keeping our minds stayed on God and trusting Him. What do you think it means to "keep your mind" on God when you are facing something difficult?

3. Philippians 4:6–7 tells us to bring our requests to God with thanksgiving. Why do you think thanksgiving is included alongside our prayers and requests?

4. Can a person experience God's peace while still feeling sadness, fear, or uncertainty? Why or why not?

5. What kinds of thoughts tend to steal our peace when we allow them to take control of our minds?

6. Colossians 3:15 tells us to let the peace of God "rule" in our hearts. What might it look like to allow God's peace to rule rather than allowing fear or worry to rule?

7. Jude 1:20 connects our faith with praying in the Holy Spirit. What does this teach us about our need for the Ruach HaKodesh in our spiritual lives?

8. Yeshua taught that the Father gives the Holy Spirit to those who ask Him (Luke 11:13). What does this teach us about the importance of asking God for His help?

Prayer & Application

Additional Notes or Thoughts

Segment 26 – Yeshua, Our Highest Goal

"Let heavenly thoughts your mind control, and guide you toward your highest goal."

Questions for Reflection

1. What do you think it means to make Yeshua our "highest goal"? How is that different from simply making Him part of our lives?

2. Colossians 3:2 tells us to set our minds on things above rather than on things of the earth. What do you think this looks like in everyday life?

3. What are some earthly things that can easily take control of our thoughts and distract us from Yeshua?

5. Yeshua told Nicodemus that a person must be born again—or born from above—to see the Kingdom of God. What do you think it means to be able to "see" God's Kingdom?

6. How does being born from above through the Ruach HaKodesh change the way we see things

7. What does it mean to you to allow heavenly realities to shape the way we live our earthly lives?

8. Can you think of examples of something heavenly—such as mercy, love, righteousness, humility, or forgiveness—being made visible through an ordinary earthly action?

9. Why is it important to remember that we do not have to wait for the future Kingdom to begin living according to the ways of our King?

10. Romans 10:4 presents Messiah as the goal or culmination of the Torah. How does keeping Yeshua at the center help us understand the purpose and direction of God's instructions?

Prayer & Application

Additional Notes or Thoughts

Segment 27 – The Treasures that Remain

"For beauty fades, and riches flee, But goodness remains for eternity"

Questions for Reflection

1. Why do you think beauty, wealth, and possessions have such a powerful influence on the way our culture defines success and happiness?

2. Proverbs contains many warnings and teachings about riches. What are some dangers of placing too much confidence or importance in wealth?

3. Matthew 13:22 speaks of the "deceitfulness of riches" choking out the Word. How can the pursuit of wealth or material things gradually distract us from God without us realizing it?

4. Why might qualities such as love, patience, kindness, gentleness, and self-control be considered greater riches than possessions?

5. Which of the qualities described as the fruit of the Spirit do you most desire to see God cultivate more deeply in your life? Why?

6. Yeshua taught us to lay up treasures in heaven rather than storing up treasures only on earth. What do you think it means to invest in things that have eternal significance?

7. How does treasuring Yeshua change the way we see and value other people? What are some practical ways we can "invest" in people?

8. 1 John 4:12 tells us that God's love becomes visible through our love for one another. How can our treatment of other people give them a glimpse of the character of a God they cannot see?

Prayer & Application

Additional Notes or Thoughts

Segment 28 – Shining for His Glory

"Let heaven's light within you rise, to lead you to your starry skies. "

Questions for Reflection

1. What do you think Yeshua meant when He told His disciples to let their light shine before others? How can we shine without seeking attention or praise for ourselves?

2. What is the difference between doing good works so that people will admire us and allowing our good works to point people toward God?

3. What does it mean to you personally to have "heaven's light" within you? How can our obedience and faithfulness to Yeshua become a light to the people around us?

4. Revelation describes Yeshua holding the seven stars in His right hand and walking among the lampstands. What does this imagery communicate to you about Yeshua's relationship with His people?

5. Why is it important to remember that we are not the source of the light, but are called to reflect the light of Yeshua?

6. What is the difference between merely believing something about Yeshua and living faithfully according to His teachings?

7. The wise virgins in Matthew 25 kept oil for their lamps while waiting for the Bridegroom. What do you think their example teaches us about preparing ourselves spiritually rather than waiting until the last moment?

8. Matthew 13:43 tells us that the righteous will shine forth as the sun in the Kingdom of their Father. What does this promise mean to you, especially when faithfulness feels difficult in the present?

Prayer & Application

Additional Notes or Thoughts

Wrap Up – Bonus Questions for Reflection

Wrap Up – Bonus Questions for Reflection

Questions for Reflection

1. Of all the segments in this series, which one has edified you the most? Why?

2. What changes have you seen the Lord bringing about in your life through His Word as He molds you, shapes you, and transforms you into the likeness of Yeshua? (Isaiah 64:8; 2 Corinthians 3:18)

3. What is one practical change you would like to carry with you after this study is finished?

4. If Yeshua were to return tonight, what would you want Him to find you doing? What can you begin doing today to live that way?

Prayer & Application

Additional Notes or Thoughts