

**May
2026**

Yeshua's Temple/Don't Give Up Ministries

Torah Portions & Bible-in-a-Year Calendar

**Iyyar (2) / Sivan (3)
5786**

Sun	Mon	Tues	Wed	Thu	Fri	Sat
26 24 Iyyar 9 <u>#31 – Emor*</u> NK – Nah. 1-3 BH – 1 Cor. 8	27 25 Iyyar 10 NK – Hab. 1-35 BH – 1 Cor. 9	28 26 Iyyar 11 NK – Zeph. 1-3 BH – 1 Cor. 10	29 27 Iyyar 12 NK – Hag. 1-2 BH – 1 Cor. 11	30 28 Iyyar 13 NK – Zech. 1-7 BH – 1 Cor. 12	1 29 Iyyar 14 Candle Lighting 7:44 pm <u>*Lev. 21:1-24:23</u> *H-Eze. 44:15-31 *BH–26:59-66, 26:64	2 30 Iyyar 15 Hav'dalah at 8:40 pm
3 31 Iyyar 16 <u>#32 – P. Behar *</u> <u>#33– P. Bekhukotai*</u> NK – Zech. 8-14 BH – 1 Cor. 13	4 32 Iyyar 17 NK – Mal. 1-4 BH – 1 Cor. 14	5 33 Iyyar 18 NK- Psa. 1-7 BH – 1 Cor. 15	6 34 Iyyar 19 NK – Psa. 8-13 BH – 1 Cor. 16	7 35 Iyyar 20 NK – Psa. 14-18 BH – 2 Cor. 1	8 36 Iyyar 21 Candle Lighting 7:48 pm <u>*Lev. 25:1-26:2</u> <u>*Lev. 26:3-27:34</u> *H- Jer. 16:19-17:14 *BH – Mt. 16:20-28	9 37 Iyyar 22 <i>Khazak Vayikra</i> Hav'dalah at 8:45 pm
10 38 Iyyar 23 <u>#34 – Bamidbar *</u> NK – Psa. 19-23 BH – 2 Cor. 2	11 39 Iyyar 24 NK – Psa. 24-29 BH – 2 Cor. 3	12 40 Iyyar 25 NK– Psa. 30-33 BH – 2 Cor. 4	13 41 Iyyar 26 NK – Psa. 34-37 BH – 2 Cor. 5	14 42 Iyyar 27 NK – Psa. 38-42 BH – 2 Cor. 6	15 43 Iyyar 28 Candle Lighting 7:52 pm <u>*Num. 1:1-4:20</u> *H– Hos. 2:1-22 *BH – Mt. 24:29-36	16 44 Iyyar 29 <u>Shabbat Mevarkhum Sivan</u> Hav'dalah at 8:49 pm
17 45 Sivan 1 <u>Rosh Khodesh Sivan</u> SHAVUOT <u>(No Torah Portion)</u> NK–Psa. 43-48 BH – 2 Cor 7	18 46 Sivan 2 NK – Psa. 49-53 BH – 2 Cor. 8	19 47 Sivan 3 NK – Psa. 54-58 BH – 2 Cor. 9	20 48 Sivan 4 NK – Psa. 59-64 BH – 2 Cor. 10	21 49 Sivan 5 Erev Shavuot	22 50 Sivan 6 Candle Lighting 7:56 pm Shavuot 1	23 Sivan 7 Shavuot 2 Hav'dalah at 8:54 pm
24 Sivan 8 <u>#35 – P. Nasso *</u> NK – Psa. 69-72 BH – 2 Cor. 12	25 Sivan 9 NK – Psa. 73-77 BH – 2 Cor. 13	26 Sivan 10 NK– Psa. 78-79 BH – Gal. 1	27 Sivan 11 NK –Psa. 80-85 BH –Gal. 2	28 Sivan 12 NK – Psa. 86-89 BH – Gal. 3	29 Sivan 13 Candle Lighting 8:00 pm <u>*Num. 4:21-7:89</u> *H- Jud. 13:2-25 *BH – Lk. 1:11-20	30 Sivan 14 Hav'dalah at 8:58 pm
31 Sivan 15 <u>#36– P. B'ha'alotkha*</u> NK – Psa. 90-95 BH – Gal. 4	1 Sivan 16 NK – Psa. 96-102 BH – Gal. 5	2 Sivan 17 NK– Psa. 103-105 BH – Gal. 6	3 Sivan 18 NK –Psa. 106-107 BH – Gal. 7	4 Sivan 19 NK – Psa. 108-113 BH – Gal. 8	5 Sivan 20 Candle Lighting 8:03 pm <u>*Num. 8:1-12:16</u> *H - Zech 2:14-4:7 *BH – Mt. 14:14-21	6 Sivan 21 Hav'dalah at 9:02 pm

(Underlined PDF links enabled above contain Par'shah playlist videos from Yeshua's Temple YouTube Channel)
Initials, Symbols, and Terms, Par'shah Names & Meanings, This Month's Holidays, Holiday Descriptions, and more on the next page.

Initials, Symbols, and Terms

P. - Par'shah (*Portion of the Torah - 1st Five Books*)
*- *Torah Portion, Read on Shabbat (see Holidays)*
Erev – Hebrew for “Evening of”

*H – Haftarah – (Prophets - Shabbat Reading)
() - Number of the month on the Biblical calendar
Khazak (*if shown*) – Last Portion in that Torah Book

NK - Nevi'im Ketuvim (Prophets & Writings)
BH - Brit Hadashah (*Re(New)ed Covenant*)r
Hav'dalah – Traditional After-Shabbat Ceremony

May 2026 Par'shah (Portion) Names Marked with * . Scriptures listed each Friday.

(Underlined par'shah PDF links below (if enabled) will contain par'shah-themed videos from Sharon's Messianic Journey YouTube Channel)

Emor – אָמַר - “Speak”

Behar – בָּהָר - “On the Mount”

Bekhukotai – בְּחֻקֹּתַי - “In My Statutes”

Bamidbar – בְּמִדְבָּר - “In the Wilderness” (Numbers)

Nasso – נָשָׂא - “Lift Up”

B'ha'alotkha – בְּהֵעֲלִיתְךָ - “In Your Uplifting”

Why Do We Use This Calendar?

This calendar has been compiled to help anyone who desires to keep the Biblical festival days, holidays, fast days, and weekly reading schedule to help them gain a better understanding of God and His Word, while at the same time reading the Scriptures through in a year, including the Brit Hadashah (*Re(New)ed Covenant*). The first Biblical account of public Torah readings is found in Nehemiah 8 (after Israel returned from captivity in Babylon), where Ezra the scribe read aloud from the scrolls of the Torah to the entire congregation of Israel. This occurrence eventually led to weekly Torah readings in synagogues. As in the time of Yeshua (*Jesus*), even until today, the children of Israel still read the Torah Portions in a cycle, a portion each week, for the entire year. Because of this, Yeshua almost certainly would have followed the Torah Portions schedule and celebrated most, if not all, of the Biblical holidays and traditions listed on this calendar, especially those which are commanded by Scripture. We believe it is advantageous to follow the Torah portions schedule to learn more about the things of God from a Hebrew perspective, which can help us immensely with our spiritual growth. As a result, most of the terms on this calendar are often given in Hebrew transliterated terms with a translation and a short description.

We can better appreciate how they all find their fulfillment in the Messiah as we learn about and celebrate them together as His Body and as His Bride.

Every Month -

Shabbat - (Hebrew: שַׁבָּת) “Sabbath”, a holy convocation/ day of assembling (*Lev. 23:3; Heb.10:25*) beginning sundown Friday (*Erev Shabbat*) and lasting until sundown on Saturday. It is customary to assemble in a Torah-observing congregation on Shabbat for worship, Scripture readings, special blessings, meals, and fellowship. The word “Sabbath” occurs 96 times in the Tanakh (*Torah, Prophets, Writings*), and 59 times in the Gospels and Epistles (*Mt., Mk, Lk, Jn, Acts, Col.*). Yeshua, our Master and Lord of the Shabbat (*Mt. 12:8, Mk. 2:28, Lk 6:6*), was recorded with regards to Shabbat at least 13 times.

Rosh Khodesh - (Hebrew: ראש חודש) “Head of the Month” is the celebration of the new month (*Num. 10:10; Psa. 81:3*), which symbolizes our spiritual renewal and rebirth in Messiah. If a Hebrew month has 29 days, one day of Rosh Khodesh is celebrated; if a Hebrew month has 30 days, two days of Rosh Khodesh are celebrated. It is customary to recite a special blessing to the Lord on Rosh Khodesh when you see the crescent of the new moon in the night sky.

Khodesh [Shabbat] Mevarkhim – (Hebrew: שבת מברכים) “The Shabbat [when] we bless [the new month]” occurs directly before Rosh Khodesh, the evening (*Erev Shabbat*) service and/or Shabbat day service may feature announcing the beginning of the new month with special blessings, liturgy, etc.

Holidays This Month -

Underlined holidays on the PDF calendar are linked to the HebCal (or another website) that gives detailed information about those holidays. Please note: HebCal is not a Messianic site and will not reference Yeshua as we do, but the information is helpful for observing Biblical holidays that are at the root of Messianic Judaism, the faith of Abraham, as well as the faith of Yeshua our Messiah, the King of the Jews, of whom we are a part through the Renewed Covenant in His blood.

Sefirat HaOmer- (Hebrew: סְפִירַת הָעֹמֶר) “Counting of the Omer” counts each of the 49 days between the holidays of Passover and Shavuot (*Pentecost*).

(Deut 16:9-12). We begin the count on the 16th of Nisan – the day after a Biblical 'Sabbath' (symbolized by **1**) but some begin the count after the weekly Shabbat during Pesach. The 49th day of the Omer ends the day before Shavuot, the 'fiftieth day' of the count..

For access to a free PDF version of this calendar with links to online Scripture videos and more, go to <https://www.yeshuastemple.com/membersarea>